

# Patient History

Name \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

H. Phone (\_\_\_\_\_) \_\_\_\_\_ W. Phone \_\_\_\_\_ Date of Birth \_\_\_\_\_ Age \_\_\_\_\_

Referred by \_\_\_\_\_ Social Security # \_\_\_\_\_

Occupation \_\_\_\_\_ Employer \_\_\_\_\_

Marital Status S M D W Spouse Name \_\_\_\_\_

Number of Children/Ages \_\_\_\_\_ Spouses Occupation \_\_\_\_\_

Email \_\_\_\_\_

Have you ever received Chiropractic Care? Yes No

Please circle for each of the following:

Patient Comment  
If answer is Yes

Chiropractor's  
Comments

## 1. Regarding your Birth Process:

Was the delivery long/difficult?	Y N _____	_____
Forceps or extraction used?	Y N _____	_____
Cesarean/ C-Section?	Y N _____	_____
Breach/ cephalic?	Y N _____	_____
Home birth?	Y N _____	_____
Hospital birth?	Y N _____	_____
Mother given drugs during delivery?	Y N _____	_____
Was labor induced?	Y N _____	_____

## 2. Growth and Development/ Childhood:

Were you breast fed?	Y N _____	_____
Childhood illnesses?	Y N _____	_____
Ear infections/ Colic/ Asthma?	Y N _____	_____
Attention Deficit?	Y N _____	_____
Antibiotics?	Y N _____	_____
Drugs, prescription, OTC, recreational?	Y N _____	_____
Surgery?	Y N _____	_____
Hospitalizations?	Y N _____	_____
Sports or other physical activities	Y N _____	_____
Injuries during sports?	Y N _____	_____
Auto accidents?	Y N _____	_____
Did you have other traumas?	Y N _____	_____
Did you ever break any bones?	Y N _____	_____

## 3. Current Health Habits:

Did/do you smoke?	Y N _____	_____
Did/do you drink alcohol?	Y N _____	_____
Diet, do you eat healthy foods?	Y N _____	_____
Have you been in accidents/trauma?	Y N _____	_____
Have you had surgery?	Y N _____	_____
Drugs, prescription, OTC, recreational?	Y N _____	_____
Dental problems?	Y N _____	_____
Eye problems?	Y N _____	_____
Hearing problems?	Y N _____	_____
Exercise regularly?	Y N _____	_____
Did/do you have occupational stress?	Y N _____	_____
Physical stress?	Y N _____	_____
Emotional/Mental stress?	Y N _____	_____
Hobbies/Sports injuries?	Y N _____	_____
Do you sleep well, hours of sleep?	Y N _____	_____
Sleeping posture? O side O stomach O back	_____	_____

## Symptoms and Present State of Health

Present Complaint/Reason for Seeking Care in this Office:

Major \_\_\_\_\_

Pain or Problem started on \_\_\_\_\_

Pains are: O Sharp O Dull/ Ache O Constant O Intermittent O Other \_\_\_\_\_

Does this pain shoot, radiate, or travel in your body? Where? \_\_\_\_\_

Are you experiencing numbness or tingling in any area of your body? Where? \_\_\_\_\_

Since it began, is it: O Same O Better O Worst

What activities aggravate your condition/pain? \_\_\_\_\_

What activities lessen your condition/pain? \_\_\_\_\_

Is this condition worse during certain times of the day? \_\_\_\_\_

Is this condition interfering with Work? \_\_\_\_\_ Sleep? \_\_\_\_\_ Routine? \_\_\_\_\_ Other? \_\_\_\_\_

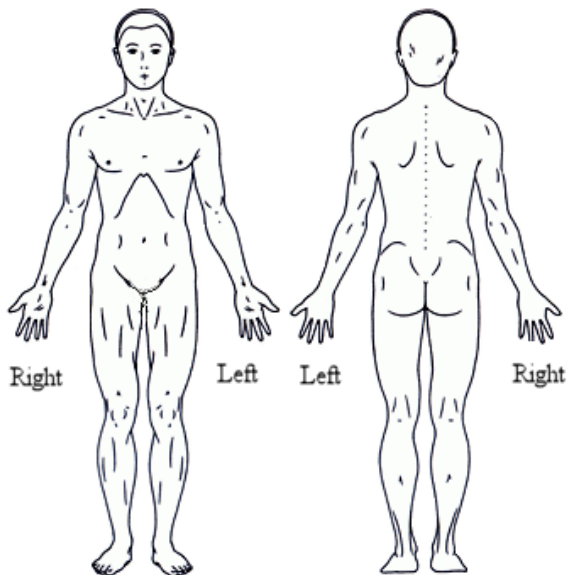
Is this condition progressively getting worse? \_\_\_\_\_

Other Doctors seen for this condition \_\_\_\_\_

Any home remedies? \_\_\_\_\_

Please Circle where you are at: (No Complaint/Pain) 0 1 2 3 4 5 6 7 8 9 10 (Worst Possible Complaint/Pain)

Using the symbols below, mark on the pictures where you feel pain.



Numbness = = =

Dull Ache O O O

Burning X X X

Sharp/Stabbing / / /

Pins, Needles + + +

Other ^ ^ ^

**Please mark any of the following conditions or symptoms that you have now or have experienced in the last 6 months:**

**Other Symptoms:**

- Headaches
- Neck Pain
- Sleeping Problems
- Low Back Pain
- Nervousness
- Tension
- Irritability
- Dizziness
- Pain Between Shoulders
- Neck Stiff
- Joint Swelling
- Fever
- Loss of Balance
- Ringing in Ears
- Jaw/TMJ Problems
- Pain in Hands or Arms
- Numbness in Hands or Arms
- Pain in Legs or Feet
- Numbness in Legs or Feet
- Fatigue
- Depression
- Lights Bother Eyes
- Loss of Memory
- Shoulder Pain
- Sinus
- Shortness of Breath
- Asthma
- Allergies
- Cold Hands
- Cold Feet
- Chest Pains
- Heart Attack
- High Blood Pressure
- Stroke
- Cancer
- Painful Urination
- Diabetes
- Diarrhea
- Constipation
- Stomach Upset
- Heartburn/Reflux
- Weight Loss
- Loss of Smell or Taste
- Menstrual Cramps
- Menopause

Are you under medical care for any condition? \_\_\_\_\_

What Medications are you taking? \_\_\_\_\_

How long? \_\_\_\_\_ Have you had surgery? \_\_\_\_\_ What? \_\_\_\_\_ When? \_\_\_\_\_

What side effects have you experienced from the drugs and surgery? \_\_\_\_\_

Females Only – Date last Menstrual Period began on \_\_\_\_\_ Are you possibly Pregnant? \_\_\_\_\_

**Is there a family History of:**

- |               |                          |                          |                          |                          |                          |
|---------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
|               | Heart Disease            | Arthritis                | Cancer                   | Diabetes                 | Other _____              |
| Father's side | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Mother's side | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

I hereby certify that the statements and answers given on this form are accurate to the best of knowledge and understand it is my responsibility to inform this office of any changes in my health.

I agree to allow this office to examine me for further evaluation.

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_